

## Susan Fee's Suggested Reading List for Mother-Daughter Relationships

- Agnew, E. *My Mama's Waltz: A Book for Daughters of Alcoholic Mothers*. New York: Atria Books, 1999.
- Cohen-Sandler, R. & Silver, M. *I'm Not Mad, I Just Hate You! A New Understanding of Mother-Daughter Conflict*. New York: Viking, 1999.
- Edelman, H. *Motherless Daughters: The Legacy of Loss*. Massachusetts: Da Capo Press; Second Edition, 2006.
- Fee, S. [21 Days to Becoming a Better Parent](#). Cleveland, OH: Susan Fee & Associates, Inc., 2012.
- Hamkins, S. and Schultz, R. *The Mother-Daughter Project*. New York: Hudson Street Press, 2007.
- Krasnow, I. *I Am My Mother's Daughter: Making Peace with Mom Before it's Too Late*. New York: Basic Books, 2007.
- McBride, K. *Will I Ever Be Good Enough? Healing the Daughters of Narcissistic Mothers*. New York: Free Press, 2008.
- Northrup, C. *Mother-Daughter Wisdom: Creating a Legacy of Physical and Emotional Health*. New York: Bantam, 2005.
- Secunda, V. *When You and Your Mother Can't Be Friends: Resolving the Most Complicated Relationship of Your Life*. New York: Delacorte Press, 1990.
- Sophy, C. *Side By Side: The Revolutionary Mother-Daughter Program for Conflict-Free Communication*. New York: Harper One, 2010.
- Tannen, D. *You're Wearing That? Understanding Mothers and Daughters in Conversation*. New York: Random House, 2006.
- Wright, N. and Macauley, S. *Making Peace with Your Mom: Steps to a Healthier Mother-Daughter Relationship*. Minneapolis, MN: Bethany House Publishers, 2007.